**\*Starred events are specifically for Dementia Action Week 2023 and not regular weekly events/activities**

**Monday 15th May 2023**

**Men in Sheds**

**9.30-3pm, The Newburg Building, McLintock Way, Off Summer Lane, Barnsley S70 6BF**

Is a service run by Age UK Barnsley to support older men who want to get together, share and learn new skills - all in the welcoming space of a ‘Shed'

Who can attend? Older men

For further information contact Age UK Barnsley on 01226 776820 or Andy Graham on 07498 605829

**BIADS’ Goldthorpe Café**

**10am-12noon, The Snap Tin Cafe, The Factory, 1 Barnburgh Lane, Goldthorpe, S63 9PG**
Come along for a cuppa and a natter.

Who can attend? This service is for people with dementia and their carers to come along to. Everyone welcome, please come along and say hello.

For further information please contact BIADS on 01226 280057

**Wombwell Walkers**

**10am-12noon, Kate’s Café, Wombwell Lane, Barnsley, S73 8EL**

Join Age UK Barnsley for a walk, leaving from Kate's Cafe Wombwell followed by a cuppa & chat afterwards!

Who can attend? Open to all.

For further information contact Age UK Barnsley on 01226 776820 or Tracey White on 07407 221098

**Crafty Chatter**

**10-11.30am, Wombwell Library, Station Road, Barnsley, S73 0BA**

Come along and join in with some crafts whilst enjoying some social time too.

Who can attend? This service is for people with dementia and their carers to come along to.

For further information contact Sharon Gaddes on 07932832579

**Supporting Memories\***

**12-2pm, Shaw Lane Sports Club, Barnsley, S70 6HZ**

Dancing, buffet, information stands from local services including Dementia Third Sector Support Services, opportunity to speak one to one with a Dementia Nurse Adviser from Barnsley Memory Support and Advice Service and a Dementia Adviser from Alzheimer’s Society. Concerned about memory issues? Come and have a chat in a friendly environment.

Who can attend? Barnsley people, people living with dementia, carers, family, and Barnsley health and care staff.

For further information please contact BIADS on 01226 280057

**Carers Weekly Drop in Support**

**12-3pm, Barnsley Carers Service, Priory Campus, Pontefract Road, Barnsley S71 5PN**

Call in to see one of the team for general advice, support, and signposting. We also have volunteers on site to support carers with benefit claims.

No need to book ahead, just come along on the day.

Who can attend? Carers

For more information please contact Barnsley Carers Service on 01226 288772

**Lets Do Lunch**

**12-1.30pm, Darfield Cricket Club, The Pavilion, School Street, Darfield, S73 9EZ**

Join Age UK Barnsley for a delicious lunch at Darfield Cricket Club

Who can attend? Barnsley people, people living with dementia and their carers.

For further information contact Age UK Barnsley on 01226 776820 or Sharon Gaddes on 07932 832579

**The Lightbox Coffee Club**

1-3pm, The Lightbox,

Come along for a hot drink & biscuits and maybe even learn something new!

Who can attend? Open to all.

For further information please contact Age UK Barnsley on 01226 776820 or Tracey White on 07407221098

**BIADS’ Singers**

**1.30pm,** **Barnsley Independent Alzheimers and Dementia Support (BIADS), Joseph Exley House, Dean Street, Barnsley, S70 6EX**

Come along to sing! Fun for all. The first and third Monday or every month.

Who can attend? For anyone who loves a sing a long, no singing ability what so ever needed, its all for fun for people with dementia and their carers.

For further information please contact BIADS on 01226 280057

**Happy Vibes Dementia Café**

**1.30-3.30pm, Penistone Sport Centre, Penistone, S26 7BX**

Coffee and chat in a dementia safe environment with Dementia Action Week themed activities, music and dance, socialising and snacks. Held fortnightly.

Who can attend? Barnsley people living with dementia, carers, family, and friends.

For further information contact Age UK Barnsley on 01226 776820 or Karen Dennis on 07574 843355

**Dementia Action Week\***

**2-4.30pm, Cudworth Library, Barnsley, S72 8UQ**

Drop in and find out more about the resources and services available to support you living in your community. Social Prescribers and Care Coordinators will be on hand to answer any questions, there is chance to get your blood pressure checked with How’s Thi Ticker, and information on Dementia Third Sector Support Services as well as access to library dementia bags and musical memories.

Who can attend? Barnsley people, people living with dementia, carers, family, and Barnsley health and care staff.

For further information please contact BarnsleyLibraryEnquiries@Barnsley.gov.uk

**Tuesday 16th May 2023**

**Memories are made of this\***

**9am-12noon, Barnsley Hospital, Colliers Restaurant, S75 2EP**

Interactive drop-in session. We have colleagues from a wide range of services available to offer advice and information as well as Dementia Third Sector Alliance Services supporting people living with dementia and their carers in their local communities.

Who can attend? Hospital Staff and public

For further information please contact the Patient Experience Team

on 01226 434925 or email us at bhnftpatientexperience@nhs.net

**Men in Sheds**

**9.30-3pm, The Newburg Building, McLintock Way, Off Summer Lane, Barnsley S70 6BF**

Is a service run by Age UK Barnsley to support older men who want to get together, share and learn new skills - all in the welcoming space of a ‘Shed'

Who can attend? Older men

For further information contact Age UK Barnsley on 01226 776820 or Andy Graham on 07498 605829

**Barnsley Hospice and Alzheimer’s Society Event: It’s not called getting old, it’s called getting ill \***

**9.30-11.30am, The Orangery, Barnsley Hospice, Church Street, Barnsley, S75 2RL**

Are you worried about your memory, or about someone else’s memory?

Would you like to join a safe and supported conversation? Alzheimer’s Society are popping along to Barnsley Hospice for conversation and cake. You are welcome to join us. Hear about some of the early signs and symptoms of dementia. Let’s talk about what to do next. Learn about the importance of future planning. Hear about how the Hospice can support people living with dementia. Take part in a small taster of the Hospice well-being programme.

Dementia Advisers and the Hospice Team will share some key points to consider. This is a Dementia Action Week Event with limited places.

Who can attend? Any one concerned about their memory or someone else’s.

Please BOOK your attendance by contacting Alzheimer’s Society on 01226 296301

**Health & Wellbeing Group**

**10-11.30am, Darby and Joan Club, Darton, Church Street, S75 5HQ**

Join Age UK Barnsley to boost your health & wellbeing in this relaxed group

Who can attend? Anyone living in Barnsley over the age of 50

For further information contact Age UK Barnsley on 01226 776820 or Emma Gibson on 07957 916048

**Lavender Court Catch Up**

**10-11.30am, Lavendar Court, Croft Road, Kendray, Barnsley, S70 3FG**

Community drop in, activities for all! Dementia Action Week themed.

Who can attend? People living with dementia and their carers and friends.

For further information please contact Age UK Barnsley on 01226 776820 or Lorraine Hunter on 07949379473

**Unpaid Carers Programme
10am – 1pm,** Crossroads Caring for Carers,

This is a FREE six week programme. Crossroads (Barnsley) Ltd recognise and value your dedication and your vital contribution to caring for a loved one at home. The programme is aimed at providing you with a better understanding of your rights as a carer and will help to support your own wellbeing by giving you some ideas and information about looking after yourself and dealing with the stresses of your caring role.Today we will be looking at Medication and Infection Control

Who can attend? Carers

To reserve a place or request further information please contact Diane Arkwright on 07562088952 or email her at: dianea@crossroadsbsly.co.uk

**BIADS Carer Support Group**

**1-2pm,** **Barnsley Independent Alzheimers and Dementia Support (BIADS), Joseph Exley House, Dean Street, Barnsley, S70 6EX**

A confidential support group for people caring for people with dementia. Come along and chat to people in similar situation as yourself with one of our carer support workers on hand to offer help and advice.

Who can attend? Carers of people living with dementia

For further information please contact BIADS on 01226 280057

**Social Group**

**1-3pm, St Paul’s Church, 7 Saint Lukes Road, Brierly, Barnsley S72 7FN**

Come and join Age UK Barnsley for a social get together and a little bit of everything!

Who can attend? Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or Jo Gregory on 07932 844528

**Dementia Action Week\***

**2-4.30pm, Dodworth Library, Barnsley, S75 3RF**

Drop-in and find out more about the resources and service available to support you living in your community. Alzheimer’s Society will be on hand to answer any questions, there is chance to get your blood pressure checked with How’s Thi Ticker, and information on Dementia Third Sector Support Services as well as access to library dementia bags and musical memories.

Who can attend? Barnsley people, people living with dementia, carers, family, and Barnsley health and care staff.

For further information please contact BarnsleyLibraryEnquiries@Barnsley.gov.uk

**Launch of Music and Memories**

**2-3.30pm, Library@Lightbox, 1 The Glass Works, Barnsley, S70 1GW**

Interactive drop-in information session for people to find out more about the Music and Memories resource for people living with dementia.

Who can attend? Barnsley people, people living with dementia, carers, family, and Barnsley health and care staff.

For further information please contact BarnsleyLibraryEnquiries@Barnsley.gov.uk

**Wednesday 17th May 2023**

**Dementia Action Week\***

**9.30-12pm, Goldthorpe Library, Rotherham, S63 9NE**

Drop-in and find out more about the resources and service available to support you living in your community. Social Prescribers will be on hand to answer any questions, information available on More Money In Your Pocket (MMIYP) and there is also a chance to access library dementia bags and musical memories.

Who can attend? Barnsley people, people living with dementia, carers, family, and Barnsley health and care staff.

For further information please contact BarnsleyLibraryEnquiries@Barnsley.gov.uk

**Men in Sheds**

**10-2pm, The Newburg Building, McLintock Way, Off Summer Lane, Barnsley S70 6BF**

Is a service run by Age UK Barnsley to support older men who want to get together, share and learn new skills - all in the welcoming space of a ‘Shed'

Who can attend? Older men

For further information contact Age UK Barnsley on 01226 776820 or Andy Graham on 07498 605829

**Men in Sheds - Wombwell**

**10.30am-12noon, Wombwell Scout Hut, Wainwright Avenue, Wombwell S73**
Join Age UK Barnsley at a group for older Men, to get together, share & learn new skills

Who can attend? Older men

For further information contact Age UK Barnsley on 01226 776820 or Sharon Gaddes on 07932 832579

**Bowling Group - Carlton**

**10am-12noon, Barnsley Bowl, Carlton Road, Barnsley, S71 2AZ**

Join Age UK Barnsley for a game of Bowls and some socialising at Carlton Bowling Club.

Who can attend?Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or Jo Gregory on 07932 844528

**#DAW2023 Information Event\***

**11am-2.30pm, Pavilion Bar and Kitchen, Barnsley S70 2RD**

Light lunch and entertainment with information on services in Barnsley who can support people living with dementia and their carers. Dementia Nurse Adviser from Barnsley Memory and Support Service on hand to answer any questions.

Who can attend? Barnsley people living with dementia and their carers.

Please BOOK your attendance by contacting BIADS by email lesley@biads.org.uk or call 01226 280057

**Barnsley Carers Lunch\***

**11.30am-2.30pm, Snap Tin Café, The Factory, 1 Barnburgh Lane, Goldthorpe, Rotherham S63 9PG**

Entertainment, light lunch, refreshments, hand massages and games.

Who can attend? Dementia Carers and the cared for are all welcome

To BOOK please contact Barnsley Carers Service on 01226 288772

**Lunch Club - Hoyland Common**

**12-2pm, Tinker's Cafe, 30a Hoyland Road, Hoyland Common, Barnsley S74 0PB**
Join Age UK Barnsley for a lunch & Bingo

Who can attend? Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or Lorraine Hunter on 07949 379473

**Lunch Club - Millhouse Green**

**12-3pm, Millhouse Green Methodist Church, 3 Millhouses Lane, Sheffield, S7 2HA**

Join Age UK Barnsely for a delicious homecooked 2 course meal & hot drink.

Quiz & Bingo follow the meal.

Who can attend? Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or

Helen Townsend on 07535 439932

**Lunch Club - New Inn Penistone**

**12-2pm, New Inn Penistone, Bridge Street, Penistone, S36 7AH**

Join Age UK Barnsley for a delicious meal and quiz.

Who can attend? Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or

Karen Dennis on 07574 843355

**Young at Heart Social Club**

**12-2.30pm, Gilroyd Social Club, Saville Road, Gilroyd, Barnsley, S75 3PX**

Join Age UK Barnsley for our Young at Heart social gathering.

Come along and enjoy songs, dancing, companionship & Bingo!

Who can attend? Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or Lorraine Hunter on 07949 379473

**Healthy Life Group**

**12-2pm, Tankersley Welfare Hall, Pilley Lane, Tankersley, Barnsley, S75 3AP**

Join Age UK Barnsley for some gentle exercise and socialising.

Who can attend?Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or Karen Dennis on 07574 843355

**Lunch and Bingo**

**1-2pm, Kate’s Café, Wombwell Lane, Barnsley, S73 8EL**

Join Age UK Barnsley for a light lunch and a fun game of Bingo

Who can attend? Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or Tracey White on 07407 221098

**BIADS' Wednesday Drop In**

**1-3pm, Barnsley Independent Alzheimers and Dementia Support (BIADS), Joseph Exley House, Dean Street, Barnsley, S70 6EX**

Come and join us for a cuppa and a chat in a friendly atmosphere.

Who can attend? Carers of people living with dementia

For further information please contact BIADS on 01226 280057

**Creative Health and Wellbeing through Movement**

**2-4pm, Training Room, Sci-Tech Digital Innovation Hub, Barnsley College, Falcon Street, Barnsley, S70 2EY**

Dr Richard Coaten shares his expertise of working with older people through arts and creativity, focusing on Dementia & Dance. Richard is a national and international specialist in movement and dance with people living with issues associated with the brain.
Who can attend? Arts practitioners, arts therapists, family carers, professional care staff, commissioners and those involved in arts-based creative work with older people in a range of settings. Please hold the date in your diaries.
Please BOOK your attendance by email EmmaLabedzki@barnsley.gov.uk

**Thursday 18th May 2023**

**Dementia Action Week\***

**9.30am -12pm, Wombwell Library, Barnsley S73 0BA**Drop in and find out more about the resources and services available to support you living in your community. Our Social Prescribing Team will be on hand to answer any questions around activities and services in your local area.
Who can attend? Barnsley people, people living with dementia, carers, family, health and care staff.

For further information please contact BarnsleyLibraryEnquiries@Barnsley.gov.uk

**Men in Sheds**

**9.30-3pm, The Newburg Building, McLintock Way, Off Summer Lane, Barnsley S70 6BF**

Is a service run by Age UK Barnsley to support older men who want to get together, share and learn new skills - all in the welcoming space of a ‘Shed'

Who can attend? Older men

For further information contact Age UK Barnsley on 01226 776820 or Andy Graham on 07498 605829

**Bowling and Social Group**

**10.30am-12noon, Shaw Lane Sports Club, Barnsley, S70 6HZ**

Join Age UK Barnsley for a game of bowls and some social fun.

Who can attend?Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or Tracey White 07407221098

**Chatty Cafe**

**10-11.30am, Cudworth Methodist Church, Barnsley Road, Cudworth, S72 8SU**

Join Age UK Barnsley for this Dementia friendly café with fun, games, raffle, refreshments and a special Dementia Action Week Quiz with prizes

Who can attend?Barnsley people living with dementia and their carers

For further information please contact Age UK Barnsley on 01226 776820 or

Jo Gregory on 07932844528

**Coffee & Companions**

**10.30am-12noon, Barnsley Town Hall, Church Street, Barnsley, S70 2TA**

Join Age UK Barnsley for a social get together with crafts & guest speakers

Who can attend?Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or

Tracey White on 07407221098

**BIADS Carer Support Group**

**1-2pm, Barnsley Independent Alzheimers and Dementia Support (BIADS), Joseph Exley House, Dean Street, Barnsley, S70 6EX**

A confidential support group for people caring for people with dementia. Come along and chat to people in similar situation as yourself with one of our carer support workers on hand to offer help and advice.

Who can attend? Carers of people living with dementia

For further information please contact BIADS on 01226 280057

**Musical Memories**

**1-3pm, Emmanuel Church, Huddersfield Road, Barnsley, S75 1DT**
Dementia Choir singing for the first hour and an informal café and chat for the second hour.
Who can attend?Barnsley people living with dementia, carers, family and friends.

For further information please contact Age UK Barnsley on 01226 776820

**A Little Bit of Everything Group**

**1-2.30pm, Dog Hill Community Group, High Street, Shafton, Barnsley S72 8QA**

Join Age UK Barnsley for tea, chat & Bingo

Who can attend? Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or Jo Gregory on 07932 844528

**Crossroads Dementia Awareness Session\***

**1.30-3.30pm, Crossroads Barnsley Ltd, Maple House, Stocks Lane S75 2BL**

As part of Dementia Action Week we are pleased to host a free session providing you with up to date knowledge about dementia. You will be able to understand what dementia can mean, its symptoms and causes, who may be affected and how living with the condition affects everyone.

Experienced staff will be present to have a chat and discuss any questions you may have with a view to sign posting you to other services within Barnsley.

We look forward to seeing you for a friendly chat with tea and coffee provided.

Who can attend? Carers, family members and relatives of people living with dementia.
To BOOK your place please telephone: Crossroads Barnsley on 01226 731094

**Friday 19th May 2023**

 **Dementia Action Week\***

**9.30-12pm, Penistone Library, High St, Penistone, Sheffield S36 6BR**
Drop in and find out more about the resources and services available to support you living in your community. Our Social Prescribing Team will be on hand to answer any questions around activities and services in your local area.
Who can attend? Barnsley people, people living with dementia, carers, family, health and care staff.

For further information please contact BarnsleyLibraryEnquiries@Barnsley.gov.uk

**BIADS' Friday Drop-In**

**10am-12noon, Barnsley Independent Alzheimers and Dementia Support (BIADS), Joseph Exley House, Dean Street, Barnsley, S70 6EX**

Come along for a cuppa and a chat, youll get to meet our friendly staff and make new friends will our lovely members.

Who can attend? People living with dementia, their carers, and family members.

For further information please contact BIADS on 01226 280057

**Crossroads Coffee Morning**

**10am-12.30pm, Crossroads (Barnsley) Ltd, Maple House, Stocks Lane, Barnsley S75 2BL.**

Everyone is welcome! Why not come along and have a cup of tea or coffee and a scone for just £1. Take a browse in our Charity Shop too!

Who can attend?  Open to all

For more information please telephone: Crossroads Barnsley on 01226 731094

**Friday Coffee Club**

**10am-12noon, Tesco Extra, Stairfoot, Wombwell Lane, Barnsley, S70 3NS**

Join Age UK Barnsley at Tesco Stairfoot, Barnsley for coffee and a catch up!

Who can attend?  Open to all

For further information please contact Age UK Barnsley on 01226 776820 or Tracey White on 07407221098

**Social Club - Darfield**

**10am-12noon, Darfield Bowling Club, Church Street Darfield**, **Barnsley S73 9LG**

Join Age UK Barnsley for a social get together at Darfield Bowling Club

Who can attend? Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or

Lorraine Hunter 07949 379473

**Social Group - Wombwell**

**10am-12noon, Horseshoe Pub, 30 High Street, Wombwell, S73 3AE**

Join Age UK Barnsley for coffee & chats at the Horseshoe Pub

Who can attend? Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or

Lorraine Hunter on 07949 379473

**Healthy Bones**

**10.30am-12.30pm, Shipcroft Community Centre, 18 Shipcroft Close, Wombwell, S73 0HE**

Join Age UK Barnsley for a morning of health & wellbeing. Healthy bones is part of the Barnsley Older People Physical Activity Alliance (BOPPAA). Funded by Barnsley Council and led by Age UK Barnsley, the Barnsley Older People Physical Activity Alliance\* is an alliance of NHS, private and third sector (non-profit) organisations offering physical activity opportunities for over 50s in Barnsley.

Who can attend? Anyone over the age of 50 living in Barnsley.

For further information please contact Age UK Barnsley on 01226 776820 or Lorraine Hunter on 07949 379473

**Crossroads Dementia Awareness Session\***

**1.30-3.30pm, Crossroads Barnsley Ltd, Maple House, Stocks Lane S75 2BL**

As part of Dementia Action Week we are pleased to host a free session providing you with up to date knowledge about dementia. You will be able to understand what dementia can mean, its symptoms and causes, who may be affected and how living with the condition affects everyone.

Experienced staff will be present to have a chat and discuss any questions you may have with a view to sign posting you to other services within Barnsley.

We look forward to seeing you for a friendly chat with tea and coffee provided.

Who can attend? Carers, family members and relatives of people living with dementia.
To BOOK your place please telephone: Crossroads Barnsley on 01226 731094

**Dementia Action Week\***

**2-4.30pm, Roundhouse Library, Athersley, Barnsley, S71 3AE**Drop in and find out more about the resources and services available to support you living in your community. Staff from our How’s Thi Ticker will be available to take your blood pressure and there will be information on detecting cancer early.
Who can attend?Barnsley people, people living with dementia, carers, family, health and care staff.

For further information please contact BarnsleyLibraryEnquiries@Barnsley.gov.uk

**Saturday 20th May 2023**

**Memory Hub**

**12-4pm, The Boatmans Rest, Edmunds Road, Barnsley, S70 4TD**Free hot meal, quiz, games and entertainment.
Who can attend?People living with dementia and their carers.
To BOOK your place please telephone Paula at Crossroads Barnsley on 07838370828